

# Brundall Parish Council Land Management reports to be considered

**Name of organisation/group** Brundall parkrun - Countryside Park

## Highlights for sharing



Just like that 2022 is now in the record book, we had a great year at Brundall parkrun. 4,633 people attended and we only cancelled 2 events (New Years Day and Christmas Day).

we thought the below was an interesting view of the history of the Brundall parkrun and shows the shifting patterns we have seen.

Year	Attendance	Male	%	Ladies	%	Unknown	%	Runs	Average attendance	Cancelled
2023	295	177	60%	107	36%	11	4%	2	147.50	0
2022	4,633	3,008	65%	1,559	34%	66	1%	52	89.10	2
2021	1,956	1,207	62%	692	35%	57	3%	20	97.80	33
2020	1,123	706	63%	384	34%	33	3%	11	102.09	43
2019	5,514	3,311	60%	2,042	37%	161	3%	46	119.87	8
2018	5,883	3,336	57%	2,361	40%	186	3%	42	140.07	12
2017	7,888	4,262	54%	3,340	42%	286	4%	51	154.67	3
2016	5,407	3,154	58%	2,110	39%	143	3%	53	102.02	2
2015	1,627	1,025	63%	566	35%	36	2%	28	58.11	1
Total	34,326	20,186	60%	13,161	33%	979	3%	305	112.54	104

We also had 171 unique volunteers who all volunteered around 966 times in 2022. Great to see the community come together for parkrun on a regular basis. Each week we usually require 15-20 people to put on these free events.

2022 was our 2nd highest amount of parkruns we have completed (52 events) since we started. While our average attendances have been lower we are happy with the numbers and in line with expectations with Lingwood, Flegg, North Walsham, Great Yarmouth and Colney opening since we started in 2015. The average time to complete the course is 29:50 and with the introduction of parkwalk we are expecting to go slower in 2023 and take our average into the 30 minute range.

On the 17th December we were one of a handful of parkruns in Norfolk to open, seeing our 3rd highest attendance of 218 people attend on a frosty and cold but sunny morning.



The additional 5 tonnes of sand having been delivered that week, meant we had a great course for running, and while cold many people thanked us for putting on a run, it's a huge part of peoples wellbeing and mental health with people travelling distances to attend a run!

We also had the 1st Blofield and Brundall scout group selling cakes on that day and they raised £150 towards new kit, a great way to give back to the community.

On the sand front, we have now laid 15 tonnes of sand across the course and the feedback has been great, not just from parkrunners, but all users of the park. It has certainly helped and while the weather has been better this year, we feel the sand is really helping to make the park usable in the winter months. We feel the sand is now bedding in and not hugely noticeable on the eye, but really helping on the feet!

Not sure if there has been any feedback from users of the park.

Recommendation to look at further sand in late 2023. Potentially 20 tonnes in the October period

There is potentially more work to do at the Countryside Park, but currently it's looking good.

2023 we have already held two parkruns, with New Years Day attracting 151 people again, one of only a handful of parkruns to complete on the Sunday.

The last week of December has been very busy. With a Scout take over, Christmas Eve and our 300th parkrun. We also saw the first person to complete 200 Brundall parkruns

Jean Thomson. She is in the Women's 75-79 age range, and the first person to complete 200 Brundall parkruns!

parkrun	Date	Run Director		Brundall Attenda	Volunte	Comment
305	7-Jan-2023	Nick Eley (Ralph Lambert-John)	2	144	20	Lambert John's leaving
304	1-Jan-2023	Stuart Harper	1	151	20	New Years Day
303	31-Dec-2022	James Howlett	52	101	27	New Year Eve
Cancelled	25-Dec-2022	Christmas Day				
302	24-Dec-2022	Stuart Harper	51	110	22	Christmas Eve
301	17-Dec-2022	Rachel Martell	50	218	24	Scout Take Over. Every parkrun
300	10-Dec-2022	Vikki Harper	49	122	21	300th. Carpark was full. Eaton closed
299	3-Dec-2022	Barbara Button	48	71	20	Potential 200 person
298	26 Nov 2022	Nick Eley	47	86	25	PACERS
297	19-Nov-2022	James Howlett	46	82	17	70 weeks back

On the 10th December we also worked with Yare Valley Churches and put out a plea for parkrunners to bring a food item for the church food bank. Again parkrunners went above and beyond and we were able to collect a huge amount of food for the church food bank to help the local community.



The feedback on the park and parkrun have been great, with many people discovering the Countryside Park or seeing the growth in the area since we started.

As always we extend an open invitation to any of the land owners committee/Parish Councillors who would like to join us for a cup of coffee to see our great community in action. We feel parkrun is great for wellbeing and mindfulness and brings a local community of all ages together.

### **Issues you wish Land Management to discuss**

- Parking on the Postwick Road, what is the thinking from the committee on this subject and where are the lines drawn. Post Covid we put out bollards on the road, but we have not done this recently, as we did not believe it to be legal. On the 17th December we did receive a complaint about the parking on the Postwick Road. Interested to understand the committee view. Aware parking and speed is a hot topic.
- Budgeting funds for further sand on to the pathways in October 2023. I am not sure of the cost of the sand, but would like to continue the work in October 2023. Potentially adding a further 20 tonnes to the course.

### **Items previously raised and still on our watch list**

- Widening of pathways looking at doing this later in the year. (Travaltor side)
- Next steps with the drainage pond. Still no drainage added. Little impact from recent rain and we have not seen the pond starting to fill with water, just leaves.

### **Help requested from within Land Management groups**

- None